



Dr. N.G.P. ARTS AND SCIENCE COLLEGE

(An Autonomous Institution, Affiliated to Bharathiar University, Coimbatore)

Approved by Government of Tamil Nadu & Accredited by NAAC with A++ Grade (3rd Cycle- 3.64 CGP)A)

Dr. N.G.P.-Kalapatti Road, Coimbatore-641 048, Tamil Nadu, India.

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Department of Food Science & Nutrition
Organizes

Skill Development Workshop
On

***INTEGRATED TRAINING PROGRAM IN FITNESS
PRACTICES AND NUTRITION FOR ADOLESCENTS***



by

Mr. A. Thanasingh

Director of Physical Education
Dr.N.G.P Arts and Science College
Coimbatore

Felicitation by

Dr. S. Saravanan

Principal

Dr.N.G.P Arts and Science College, Coimbatore-48.

Date: 15.09.2025

Venue: NGP Fitness Centre

Time: 10.45 a.m.

All are cordially invited

100 12/5/25